

Counseling Corner



With Mrs. Gavril
Central Elementary School



Character Lesson of the Month: Confidence

The character lesson of the month introduces Confidence. Positive self-esteem is important to a student's development as a person, and is a fundamental way to improve academic success. Confidence is a valuable "soft skill" that can nurture our students far beyond their school years.

Tips for At-Home Learning

We are learning about all the little spots of feelings that we can have. Ask your child what they should do to grow their confidence spot.

Practice:

"What made you smile today?"

"Your kindness took away the blue spot of sadness i was feeling.."

